

ANG TANLAG

THE OFFICIAL E-BULLETIN OF THE ROTARY CLUB OF METRO CEBU

MARCH - APRIL 2024

VOL. 10



Metro Cebu
Rotary
Club



CREATE HOPE
in the **WORLD**



PROGRAM

ROTARY CLUB OF METRO CEBU RI DISTRICT 3860, CLUB NO. 17123

Casino Español, Ranudo Street, Cebu City
Every 1st and 3rd Wednesday of the Month, 12NN

WELCOME TO OUR BI-MONTHLY REGULAR MEETING!

- | | |
|---|----------------------------------|
| 01. Call to Order by
Pres. Glenda M. Antonio | 07. Fellowship Singing |
| 02. Invocation, Anthem
and Rotary Hymn | 08. Talk of the Guest
Speaker |
| 03. The Four Way
Test | 09. Secretary's Report |
| 04. The Rotarian Pledge | 10. President's Time |
| 05. Introduction of Guest
and Visiting Rotarians | 11. Other Matter |
| 06. Induction of New
Rotarians | 12. Adjournment |

Fellowship Continues



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

INVOCATION

Lord, we come to you today asking for your guidance, wisdom, and support as we begin this meeting.

Help us to engage in meaningful discussion; allow us to grow closer as a group and nurture our bonds through fellowship.

Fill us with your grace, Lord God, as we make decisions that might affect the community, and members of our club.

And continue to remind us that all that we do here today, all that we accomplish, is for the pursuit of truth for the greater glory of You, and for the service of humanity.

We ask these things in your name.



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT



PHILIPPINE NATIONAL ANTHEM

LUPANG HINIRANG

Bayang magiliw
Perlas ng Silanganan
Alab ng puso
Sa dibdib mo'y buhay

Lupang Hinirang
Duyan ka ng magiting
Sa manlulupig
'Di ka pasisiil

Sa dagat at bundok
Sa simoy at sa langit mong bughaw
May dilag ang tula
At awit sa paglayang minamahal

Ang kislap ng watawat mo'y
Tagumpay na nagniningning
Ang bituin at araw niya
Kailan pa ma'y 'di magdidilim

Lupa ng araw ng luwalhati't pagsinta
Buhay ay langit sa piling mo
Aming ligaya na 'pag may mang-aapi
Ang mamatay ng dahil sa iyo



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

ROTARY HYMN

I want to be a Rotarian for the world,
 Make the Rotary flag be a flag of peace unfurled;
 I will serve my community,
 Help achieve universal unity.
 Through Rotary, I shall dedicate my all,
 World understanding shall be my cherished goal.

Refrain:

With the Four Way Test
 I'll pursue my quest
 And if I, in a way help obtain
 Peace in the world

I shall not have lived in vain.
 I'll observe service above self,
 Lend a hand to all who need my help;
 I'll get my spouse to involve in Rotary
 And in Rotary ways I will train my family.

Refrain:

With the Four Way Test
 We'll pursue our quest
 And if we, in a way help obtain
 Peace in the world
 We shall not have lived in vain.

Build a bridge for tomorrow's youth,
 Strengthened by nothing but the truth;
 Let's join our hands, there's no reason we'll divide.
 We shall all understand, while the good Lord is our guide.

Refrain:

With the Four Way Test
 We'll pursue our quest
 And if we, in a way help obtain
 Peace in the world
 We shall not have lived in vain.

Peace be achieved,
 We shall not have lived... in vain.



PEACE BUILDING AND
 CONFLICT PREVENTION



DISEASE PREVENTION
 AND TREATMENT



WATER, SANITATION
 AND HYGIENE



MATERNAL AND
 CHILD HEALTH



BASIC EDUCATION
 AND LITERACY



COMMUNITY ECONOMIC
 DEVELOPMENT



ENVIRONMENT



THE FOUR-WAY TEST

Of the things we think, say, or do

The Four-Way Test is a nonpartisan and nonsectarian ethical guide for Rotarians to use for their personal and professional relationships.



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

THE ROTARIAN'S PLEDGE

I am a Rotarian.
I will always uphold the **truth**.

I am a Rotarian.
I will always strive to be **fair** in all my dealings with my fellow human beings.

I am a Rotarian.
I will always endeavor to build **goodwill** and **understanding** in my community.
Among my countrymen, and among peoples of all nations.

I am a Rotarian.
I will always seek to promote the greatest good for the greatest number of people in the spirit of **Rotary service**.

I am a Rotarian.
I will always observe Rotary International's motto:

SERVICE ABOVE SELF.



PEACE BUILDING AND CONFLICT PREVENTION



DISEASE PREVENTION AND TREATMENT



WATER, SANITATION AND HYGIENE



MATERNAL AND CHILD HEALTH



BASIC EDUCATION AND LITERACY



COMMUNITY ECONOMIC DEVELOPMENT



ENVIRONMENT



CLUB OFFICERS AND DIRECTORS RY 2023 - 2024

CLUB OFFICERS

RY 2023 - 2024

President:	Glenda M. Antonio
Vice-President:	Evelyn T. Nuñez
Secretary & President Elect:	Ma. Emma A. Ramas
Asst. Secretary:	Nicole Clare C. Justo
Treasurer:	Marjorie Bernardo
Asst. Treasurer:	Bart Van Oost
Auditor:	Adrian Lee

BOARD MEMBERS

RY 2023 - 2024

1. Dr. Josefina Zabate	6. Bart Van Oost
2. Dr. Glenda Antonio	7. Arch. Jonathan Zabate
3. Atty. Evelyn Nuñez	8. Dr. Wyben Briones
4. Ma. Emma Ramas	9. Robert Tito Pacana
5. Dr. Marjorie Bernardo	10. Lambert Lim



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

CLUB COMMITTEE CHAIRS RY 2023 - 2024

1. The Rotary Foundation	Chair: Dr. Wyben Briones Co-Chair: Dr. Marjorie Bernardo
2. Membership	Chair: Roberto Tito Pacana
3. Protocol & Fellowship	Chair: Lambert Lim
4. Public Image/DEI	Chair: Elcasmer Acedo Co-Chair: Vera Cruz
5. Club Administrator	Jonathan Zabate
6. Service Projects and International Affairs	Dr. Josefina Zabate
7. Disease Prevention	Dr. Wyben Briones
8. Maternal and Child Health	Dr. Josefina Zabate
9. Peace and Conflict	Atty. Eddie Barrita and Ernesto Dakay
10. Basic Education and Literacy and Empowering Women	Atty. Evelyn Nuñez
11. Water Sanitation and Hygiene	Dr. Susan Valmayor
12. Community and Economic Development	Marcelo Anthony Igot
13. Environmental Concerns	Dann Diez and Ma. Emma Ramas
14. Disaster and Relief	Jonathan Zabate
15. Election Chair	Atty. Eddie Barrita
16. Ways and Means	Florita Hall



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

REGULAR MEETING

March 6, 2024

During this regular meeting, we discuss on the upcoming activities for our club especially the launching of the RCMC Philanthropic Development Office and Empower 360 Series in Barangay Casuntingan.



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

EMPOWER 360

March 10, 2024

The Rotary Club of Metro Cebu, ably headed by our ever active PP and DCOS Dr. Jet Bernardo as project lead, together with its Rotaractors, RACMC Community-Based and RACMC CIT-University Chapter, and the Rotary Club of Banilad Metro, delivered a highly successful medical, dental, optical and legal mission to the residents of Barangay Casuntingan in Mandaue City.

This is part of the EMPOWER 360 series of projects by RCMC, which aims to provide a holistic brand of service by addressing the different needs of the society, whether it is a medical need, a legal advice, financial literacy or social awareness.

The club was able to provide services to the following number of recipients:

- Optical services (eye checkup and provision of reading glasses) – 105
- Medical consultation – 172
- Legal advice – 22
- Dental extractions - 125



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT



We also provided some giveaways of biscuits, slippers and various noodles to the recipients.

With deep gratitude, RCMC would like to acknowledge its members and partners in service for devoting their time, talent and resources for the success of this project, namely:

- Rotary Club of Banilad Metro
- Dr. Lucila Bontia
- Dr. Oscar Traya
- Dr. Ronie Paloma
- Dr. Justin Andre Mahinay
- Dr. Patrick Daniel Lagarnia
- PP Lambert Lim Lam Thai and friends (for the giveaways)
- Barangay Casuntingan officials and staff
- Our dear fellow members and Rotaractors



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

RCMC ATTENDED ACOM

March 16, 2024

Our members attended ACOM for the updates of our club and invited fellow rotarians to join the launching of RCMC Philanthropic Development Office.



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

RC METRO CEBU AND VENRICH HOLDINGS OPC PHILANTHROPIC DEVELOPMENT OFFICE LAUNCHING THROUGH A DINNER FOR A CAUSE.

March 20, 2024

The establishment of the Philanthropic Development Office is a significant milestone for our Club. It signifies our unwavering dedication to serving the needs of our community and creating lasting change. Through this office, we aim to enhance our capacity to implement impactful projects and initiatives that address the pressing issues faced by our society.

May we embrace this new chapter with enthusiasm and determination. Together, let us strive to create a lasting impact and leave a legacy of service and compassion.

Our deepest gratitude to each and everyone for making our event successful and to all the members of the club for the hard work and dedication to make this launch possible. Your commitment to service above self is truly commendable.

May God bless the work of our hands as we continue this philanthropic journey.



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

10TH RYLA BOOTCAMP

March 23-24, 2024

Our club sponsored three interactors from the Sacred Heart School-Ateneo de Cebu to join the 10th RYLA Bootcamp in Alta Cebu Garden Village Resort.



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

AREA 1 DISTRICT GOVERNOR'S NIGHT

March 24, 2024

We joined the Area 1 District Governor's Night. As an area, we celebrated our achievements as we come close to the end of the hope creating year. We are also reminded to revisit our club goals and achieve it before RY 2023-2024 ends.

DG Twinkle and all the rotarians present had fun.



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

REGULAR MEETING

April 3, 2024

During this regular meeting, we discussed on the upcoming activities for our club and the district especially the PETS-SETS, DTTS, DTA for RY 2024-2025 and for DISCON 2024.



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

PRESIDENT'S ELECT AND SECRETARIES ELECT TRAINING SEMINAR.

April 3, 2024

Our PE, Assistant SE and other officers/members attended the President's Elect and Secretaries Elect Training Seminar in Dumaguete in preparation for The Magic of Rotary Year (RY 2024-2025).



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

UPCOMING EVENT

April 23-25, 2024

ASIAN VENTURE PHILANTHROPY NETWORK CONFERENCE 2024

Pres. Glenda together with some advisory board members of Spring Rain Global will attend the Asian Venture Philanthropy Network Conference 2024 in Abu Dhabi, UAE.

One Asia, One Future

As AVPN counts down to the 11th edition of the Annual Global Conference, which will take place against the backdrop of a world in great flux, it is imperative that we provide the social investment community with the most extensive opportunity yet, to learn, connect, and unite in action for Asia.



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

UPCOMING EVENT

May 3-4, 2024

DISCON DAVAO 2024

On May 3-4, 2024 we will have the DISCON Davao 2024. We are encouraging all members to join and participate.

Rotary District 3860 | **CREATE HOPE in the WORLD**

DISCON DAVAO 2024

REGISTRATION FEES
NO ON-SITE REGISTRATION!!!

REGISTRATION CATEGORY	Early Bird January 15 to February 29, 2024	Regular Rate March 1 to April 25, 2024	Late Registration April 26 to April 30, 2024
ROTARIAN <small>(Includes: Dicon @, Dicon #A, Day 1 PM Snacks and Fellowship Dinner, Day 2 AM Snacks, Lunch, PM Snacks and Governor's Night Dinner)</small>	PHP 6,000	PHP 6,500	PHP 7,500
SPOUSE, NON-ROTARIAN & PARTNER <small>(Includes: Dicon @, Dicon #A, Day 1 Fellowship Dinner, Day 2 Two AM Snacks, Lunch, PM Snacks, and Governor's Night Dinner)</small>	PHP 5,000	PHP 5,500	PHP 7,500
ROTAFACTOR <small>(Includes: Dicon @, Dicon #A, Day 1 PM Snacks and Fellowship Dinner, Day 2 AM Snacks, Lunch, PM Snacks and Governor's Night Dinner)</small>	PHP 5,000	PHP 5,500	PHP 7,500

BANK DETAILS
BANK NAME: BDO UNIBANK, INC
ACCOUNT NAME: ROTARY CLUB OF
DOWNTOWN DAVAO
ACCOUNT NUMBER: 002708029336

GCASH DETAILS
AN****Y JO*N M.
09175090990
JA**N D.
09778025778



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

UPCOMING EVENT

● May 25-29, 2024

RI CONVENTION

We encourage all members to join the RI Convention for the Hope-Creating Year in Singapore.

SHARING HOPE WITH THE WORLD
convention.rotary.org

Rotary SINGAPORE 2024

SHARING HOPE WITH THE WORLD
SINGAPORE | 25-29 MAY 2024

REGISTRATION CATEGORY	27-31 MAY 2023	1 JUNE 2023 TO 15 DECEMBER 2023	16 DECEMBER 2023 TO 31 MARCH 2024	1 APRIL 2024 TO 29 MAY 2024
Club member, nonmember, or guest, age 31 or over	\$450	\$500	\$595	\$695
Club member, nonmember, or guest, age 30 or under	\$150	\$175	\$225	\$275
Guest age 5-18	\$20	\$20	\$30	\$40
Guest under age 5	Free	Free	Free	Free
Saturday, House of Friendship only	\$60	\$60	\$60	\$100

All amounts are in U.S. dollars.

Register today at convention.rotary.org
#Rotary24

EN



PEACE BUILDING AND CONFLICT PREVENTION



DISEASE PREVENTION AND TREATMENT



WATER, SANITATION AND HYGIENE



MATERNAL AND CHILD HEALTH



BASIC EDUCATION AND LITERACY



COMMUNITY ECONOMIC DEVELOPMENT



ENVIRONMENT

PRESIDENT'S MESSAGE

Dear Fellow Rotarians,

Greetings of Peace!

Congratulations to our PE, Assistant SE and the officers/members who joined the President's Elect and Secretaries Elect Training Seminar in Dumaguete.

As we gather here today, I want to express my heartfelt appreciation for your unwavering commitment and tireless efforts in advancing our club's mission.

Together, we have accomplished remarkable feats and made a significant impact on our community. Through our collective dedication, we have brought hope to the lives of those in need and created lasting change. I am truly honored to serve alongside such a dedicated and compassionate group of individuals.

As we gather for another week of activities, I want to express my heartfelt appreciation for your unwavering commitment and tireless efforts in advancing our club's mission.



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

PRESIDENT'S MESSAGE

Together, we have accomplished remarkable feats and made a significant impact on our community. Through our collective dedication, we have brought hope to the lives of those in need and created lasting change. I am truly honored to serve alongside such a dedicated and compassionate group of individuals.

Yours in Rotary,

Dr. Glenda Antonio
President
RY 2023-2024
RC Metro Cebu



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

SECRETARY'S REPORT

Rotary Club of Metro Cebu
April 3-17, 2024

During the period from April 3-17, 2024, the Rotary Club of Metro Cebu engaged in various activities, including participation in the District Training for Presidents Elect and Secretary Elect held in Dumaguete City from April 11 to 13, 2024.

The following club members attended the District Training:

1. President Elect: Ma. Emma A. Ramas
2. Assistant Secretary Elect: Vera Cruz
3. Past President and Assistant Governor: Architect Jonathan Zabate
4. Past President: Dr. Josefina Zabate
5. Rotary Foundation Chairman: Bart van Oost

The District Training provided valuable insights and training sessions aimed at equipping incoming club leaders with the necessary knowledge and skills to effectively carry out their roles and responsibilities. It served as a platform for networking and collaboration among Rotary leaders within the district.



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

SECRETARY'S REPORT

The participation of our club members in this training underscores our commitment to continuous learning and improvement, ensuring that we are well-prepared to serve our community and fulfill the objectives of Rotary International.

Respectfully submitted,

Ma. Emma Ramas
Secretary
RY 2023-2024
RC Metro Cebu



PEACE BUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

Metro Cebu
Rotary
Club



CREATE HOPE
in the **WORLD**